

# *Guidance Note 3*

## Introduction to Mixed Methods in Impact Evaluation

Michael Bamberger  
Independent Consultant



# Outline

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- A. Why mixed methods (MM)?
- B. Four decisions for designing a MM evaluation
- C. Using MM to strengthen each stage of an evaluation
- D. Using MM to strengthen QUANT and QUAL evaluations
- E. Evaluating complex programs
- F. Hints for resource constrained NGOs wishing to use MM evaluations

# The Main Messages

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1. No single evaluation approach can fully address the complexities of development evaluations
2. MM combines the **breadth** of quantitative (QUANT) evaluation methods with the **depth** of qualitative (QUAL) methods
3. MM is an integrated approach to evaluation with specific tools and techniques for each stage of the evaluation cycle
4. MM are used differently by evaluators with a QUANT orientation and a QUAL orientation – and offer distinct benefits for each kind of evaluation
5. While MM evaluations can require extra money and time, we offer tips for resource constrained NGOs to use MM.

# A. Why mixed methods?

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No single  
evaluation  
methodology can  
fully explain how  
development  
programs operate  
in the real world



This explains the growing  
interest in mixed methods  
evaluations

## Why mixed methods? No single evaluation method can fully explain how development programs operate in the real-world

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1. Programs operate in complex and changing environments
2. Interventions are affected by historical, cultural, political, economic and other contextual factors
3. Different methodologies are needed to measure different contextual factors, processes and outcomes.
4. Even “simple” interventions often involve complex processes of organizational and behavioral change
5. Programs change depending on how different sectors of the target population respond

# What is a mixed methods evaluation?

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- An integrated approach that draws on tools and techniques from at least two different social science disciplines for defining hypotheses, sample selection, evaluation design, data collection and analysis.
- Combines quantitative and qualitative approaches
- The team normally includes professionals from each discipline
- Requires a proactive management style that:
  - addresses the challenges of using these approaches and
  - ensures that full advantage is taken of the theoretical and methodological benefits.

# The benefits of a mixed methods approach

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**QUANTITATIVE**  
**breadth**

+

**QUALITATIVE**  
**depth**

How many?  
How much?  
How representative of  
the total population?  
Are changes statistically  
significant?

- How were changes experienced by individuals?
- What actually happened on the ground?
- The quality of services

## **B. Four decisions for designing a mixed methods evaluation**



# Decision 1: At which stages of the evaluation are mixed methods used?

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	QUANT	QUAL	Mixed
1. Formulation of hypotheses			
2. Sample design			
3. Evaluation design			
4. Data collection and recording			
5. Triangulation			
6. Data analysis and interpretation			

Mixed methods can be used at any stage of the evaluation.  
A fully integrated MM design combines QUANT and QUAL methods at all stages of the evaluation

## Decision 2: Is the design sequential or concurrent?

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- Sequential designs:
  - **QUANT and QUAL approaches are used in sequence**
- Concurrent designs
  - **QUANT and QUAL approaches are both used at the same time**

## Sequential QUAL dominant mixed methods design:

Evaluating the adoption of new seed varieties by different types of rural families.

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quant → QUAL → QUAL

Rapid QUANT household survey in project villages to estimate, HH characteristics, ethnicity, agricultural production and seed adoption

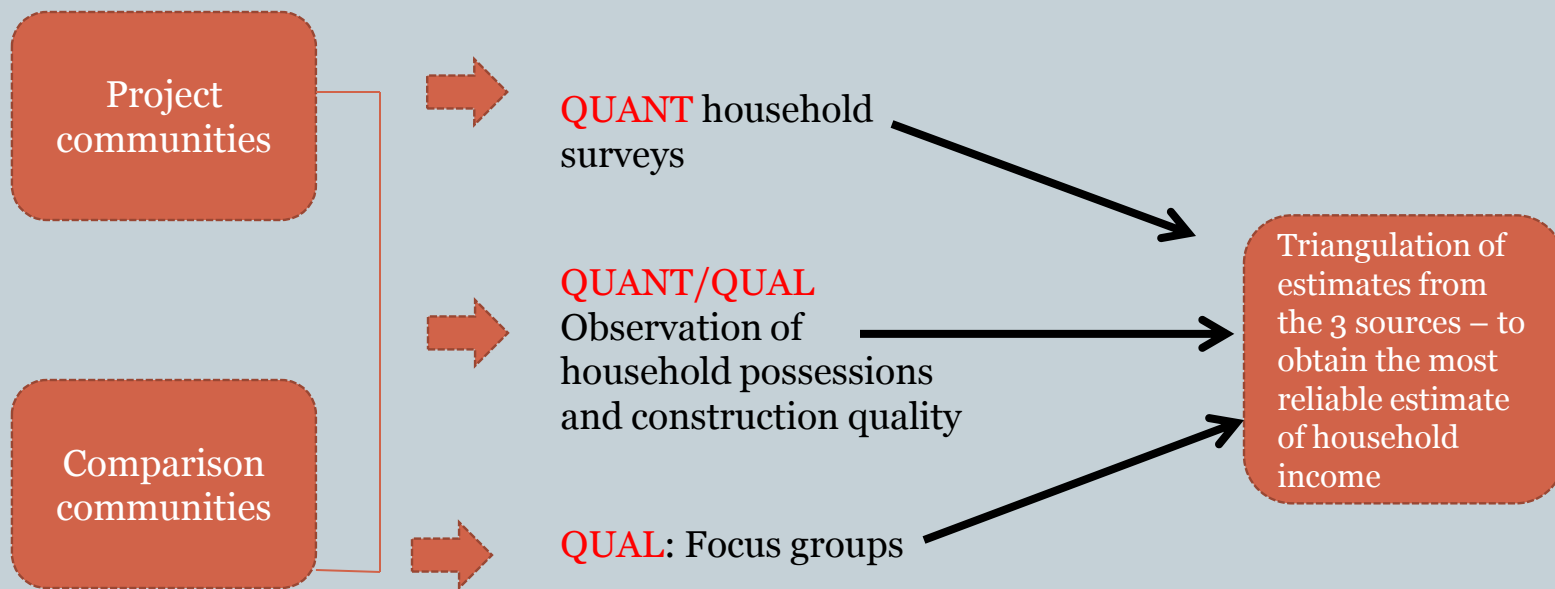
QUAL data collection using key informants focus groups, observation, and preparation of case studies on households and farming practices.

QUAL data analysis using within and between-case analysis and constant comparison. Triangulation among different data sources.

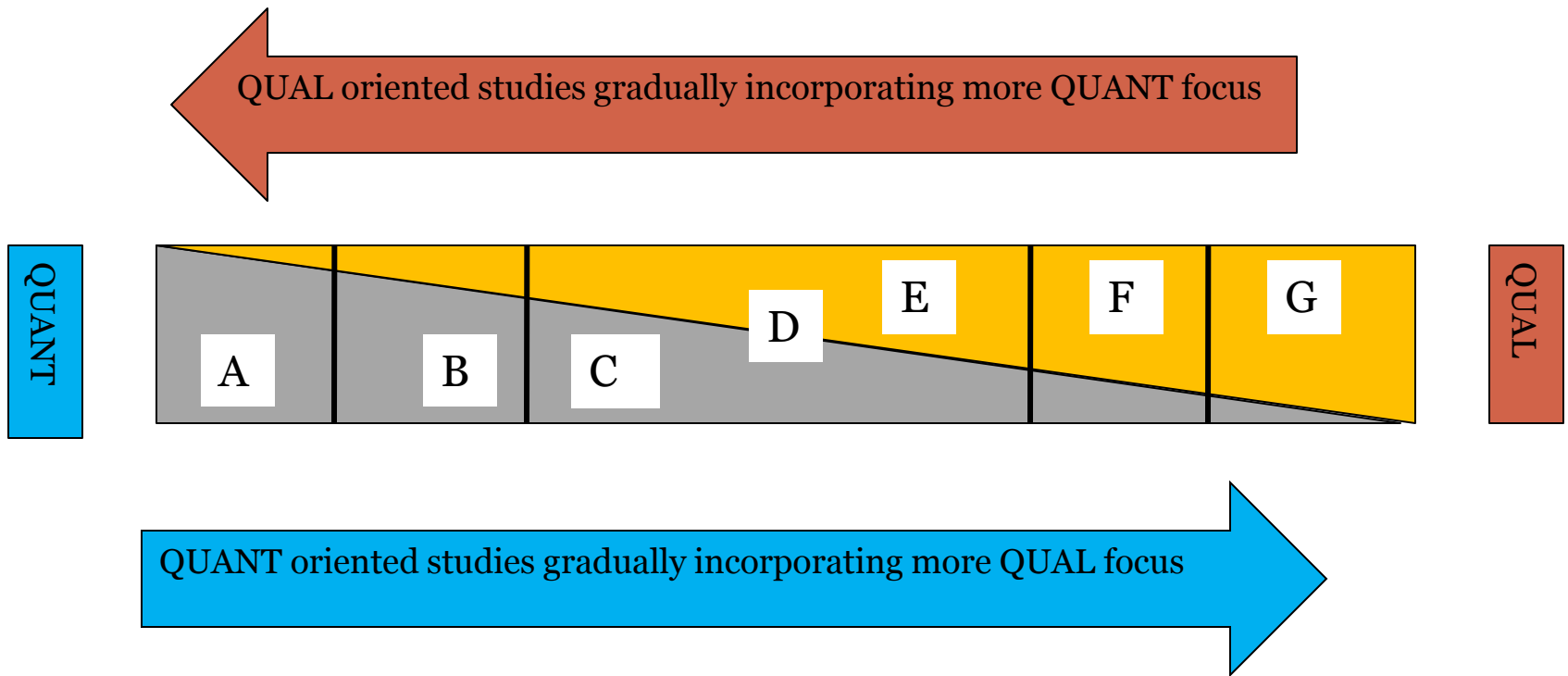
# A concurrent MM design: Triangulating QUANT and QUAL estimates of household income in project and comparison areas

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QUANT and QUAL data collection methods are used at the same time



## Decision 3: which approach is dominant?



A = completely QUANT design

B = dominant QUANT with some QUAL elements

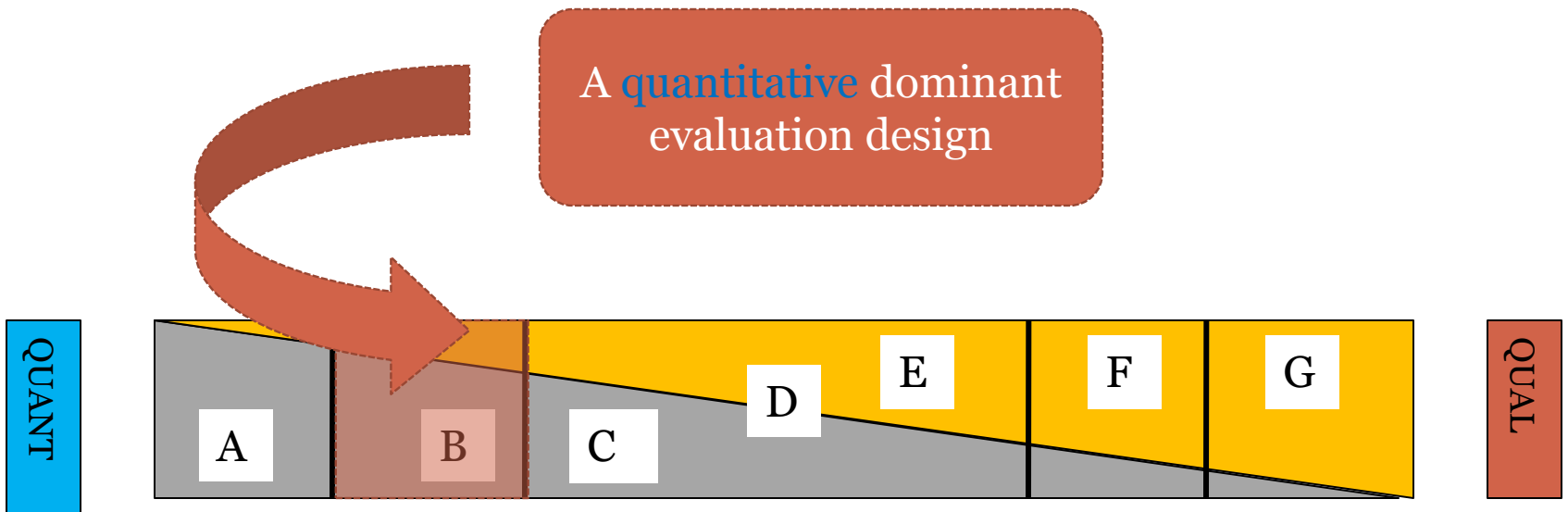
C = QUANT oriented design giving equal weight to both approaches

D = Study designed as MM

E = QUAL oriented design giving equal weight to both approaches.

F = dominant QUAL design with some QUANT elements

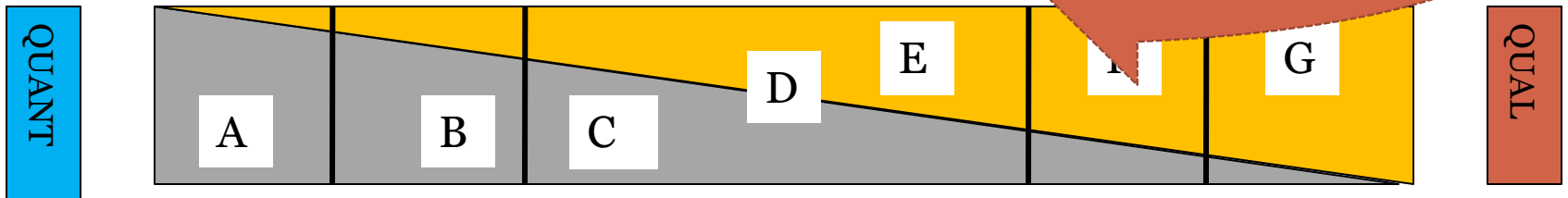
G = completely QUAL design



### Example:

A rapid **qualitative** diagnostic study is conducted to help design a **quantitative** household survey. The data is analyzed using **quantitative** analysis techniques [e.g. regression analysis]

A qualitative dominant evaluation design

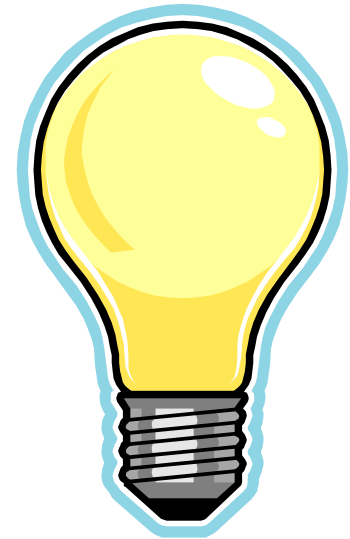


### Example

A rapid quantitative sample survey is conducted. This is used to develop a typology of rice production systems. Qualitative case studies are selected to represent each type. The data is analyzed and presented using qualitative methods such as narrative descriptions, photographs and social maps.

See **Annex 3** for examples of  
evaluation designs at each point  
on the

QUANT- QUAL continuum



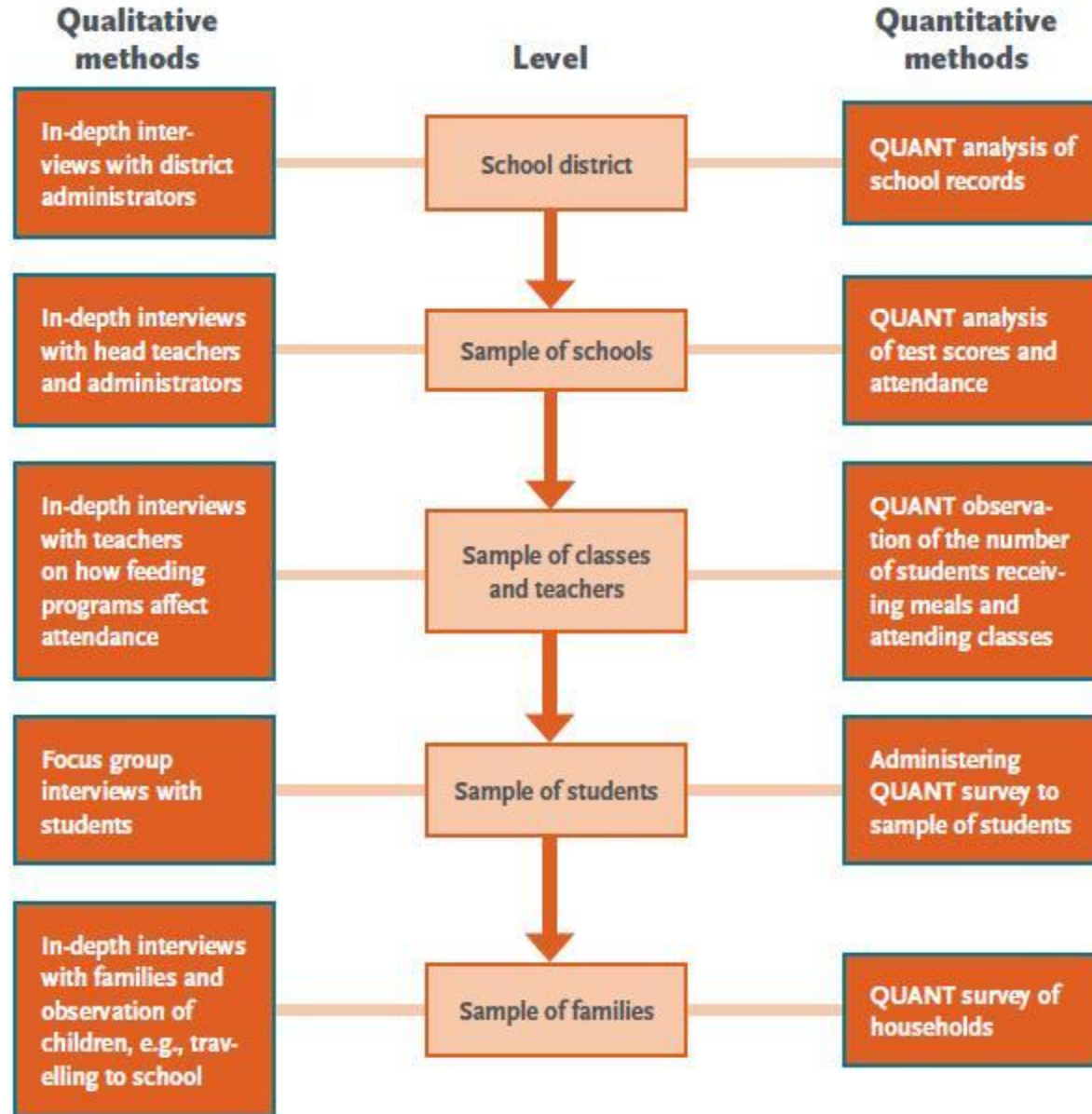


Decision 4:

Is the design single or multi-level?

# A Multi-level mixed methods design

## The effects of a school feeding program on school enrolment



## C. Using mixed methods to strengthen each stage of the evaluation



1. Hypothesis formulation



2. Sample design



3. Evaluation design



4. Data collection

5. Triangulation



6. Data analysis and interpretation

## Stage 1. Mixed methods approaches to hypothesis development

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- Combining deductive (QUANT) and inductive (QUAL) hypotheses
- Basing the evaluation framework on a theory of change
- Strengthening construct validity by combining different QUANT and QUAL indicators
- Contextualizing the evaluation

# Comparing **DEDUCTIVE** and **INDUCTIVE** hypotheses

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Deductive	Inductive
Mainly used in QUANT research	Mainly used in QUAL research
Hypotheses test theories based on prior research	Hypotheses based on observations in the field
Hypotheses defined at start of the evaluation before data collection begins	Hypotheses not defined until data collection begins
Hypotheses normally do not change	Hypotheses evolve as data collection progresses
Hypotheses can be tested experimentally	Hypotheses are tested using Theory of change or logically



Mixed methods hypotheses combine both deductive and inductive



## Stage 2. **Mixed method sample designs**

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- Parallel mixed method sampling
  - Random (QUANT) and purposive (QUAL) sampling
- Sequential MM sampling
- Multi-level MM sampling
- Strengthening the coverage of the sampling frame
- Strengthening the matching of the project and control groups

## Stage 3. Mixed method evaluation design

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- Combining experimental and quasi-experimental; designs with QUAL techniques to explore:
  - Processes and quality of services
  - Context
  - Behavioral change
- Flexibility to adapt the evaluation to changes in the project design or the project context
- In-depth analysis of how the project affects different groups
- Creative identification of comparison groups

## Stage 4. Strengthening data collection

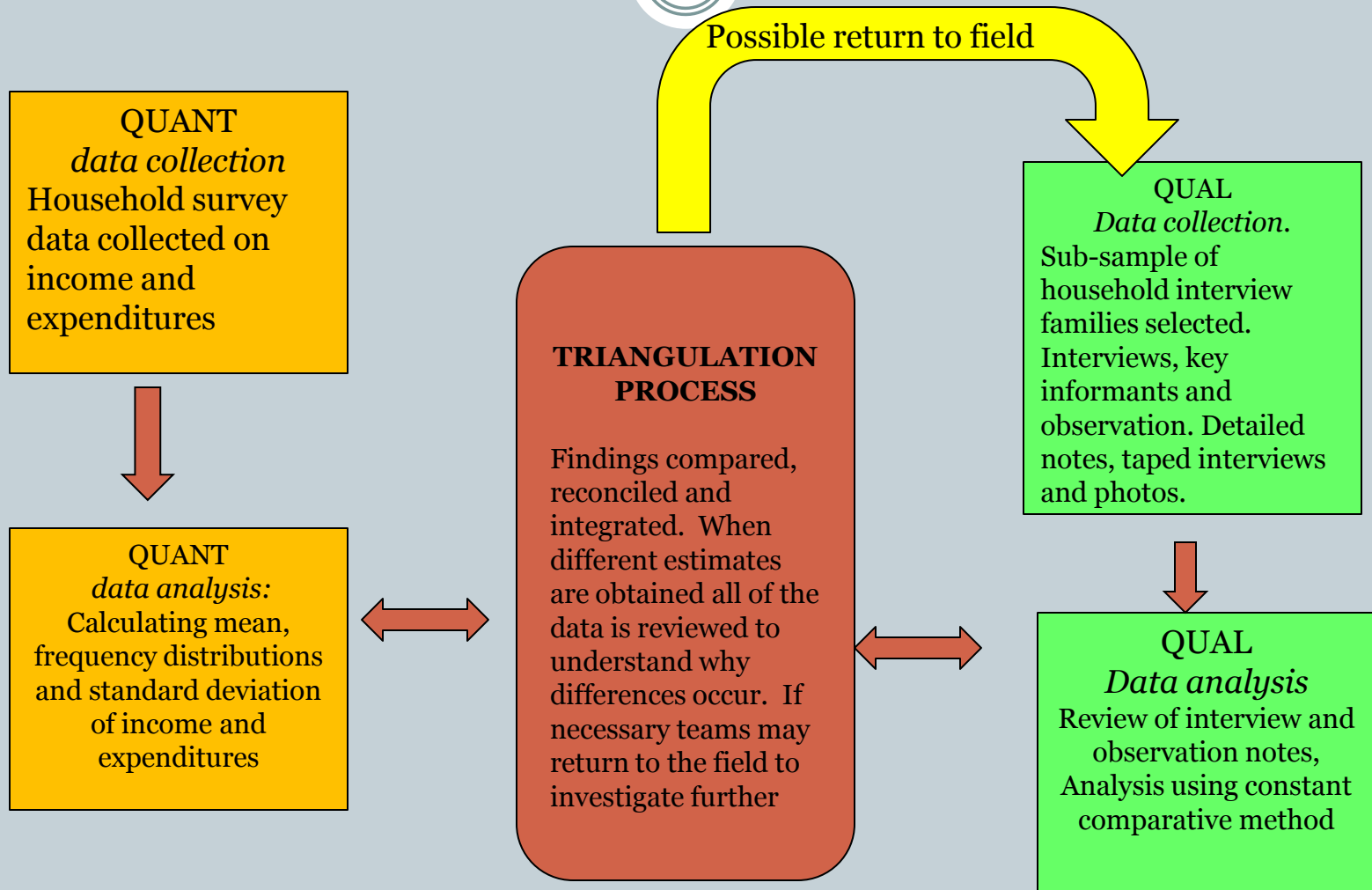
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- A. Integrating survey and QUAL data collection
- B. Commonly used mixed method data collection methods for strengthening QUANT evaluations
  - A. Focus groups
  - B. Observation
  - C. Secondary data
  - D. Case studies
- C. Reconstructing baseline data
- D. Interviewing difficult-to-reach groups
- E. Collecting information on sensitive topics
- F. Attention to contextual clues



# Stage 5. Validating findings through triangulation

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# Different kinds of triangulation

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- Different data collection methods
- Different interviewers
- Collecting information at different times
- Different locations and contexts

## **Stage 6. Mixed method data analysis and interpretation**

- Parallel MM data analysis
- Conversion MM data analysis
  - **Converting QUAL data into QUANT indicators and vice versa]**
- Sequential MM data analysis
- Multi-level MM data analysis
- Generalizing findings and recommendations to other potential program settings

# Using mixed methods to strengthen the interpretation of findings

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Statistical analysis frequently includes unexpected or interesting findings which cannot be explained through the statistics. Rapid follow-up visits may help explain the findings



# Interpreting findings

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- A **QUANT** survey of community water management in Indonesia found that with only one exception all village water supply was managed by women
- Follow-up visits found that in the one exceptional village women managed a very profitable dairy farming business – so men were willing to manage water to allow women time to produce and sell dairy produce

*Source: Brown (2000)*

# Using mixed

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**D. Using mixed methods to strengthen predominantly QUANT and QUAL evaluation designs**

# Strengthening a predominantly QUANT design

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- Exploratory studies to understand context and issues before the survey is designed
- Focus groups conducted with different sectors of the population
- Adding specialized, semi-structured modules to examine certain issues in depth
- Preparation of case studies to complement a survey

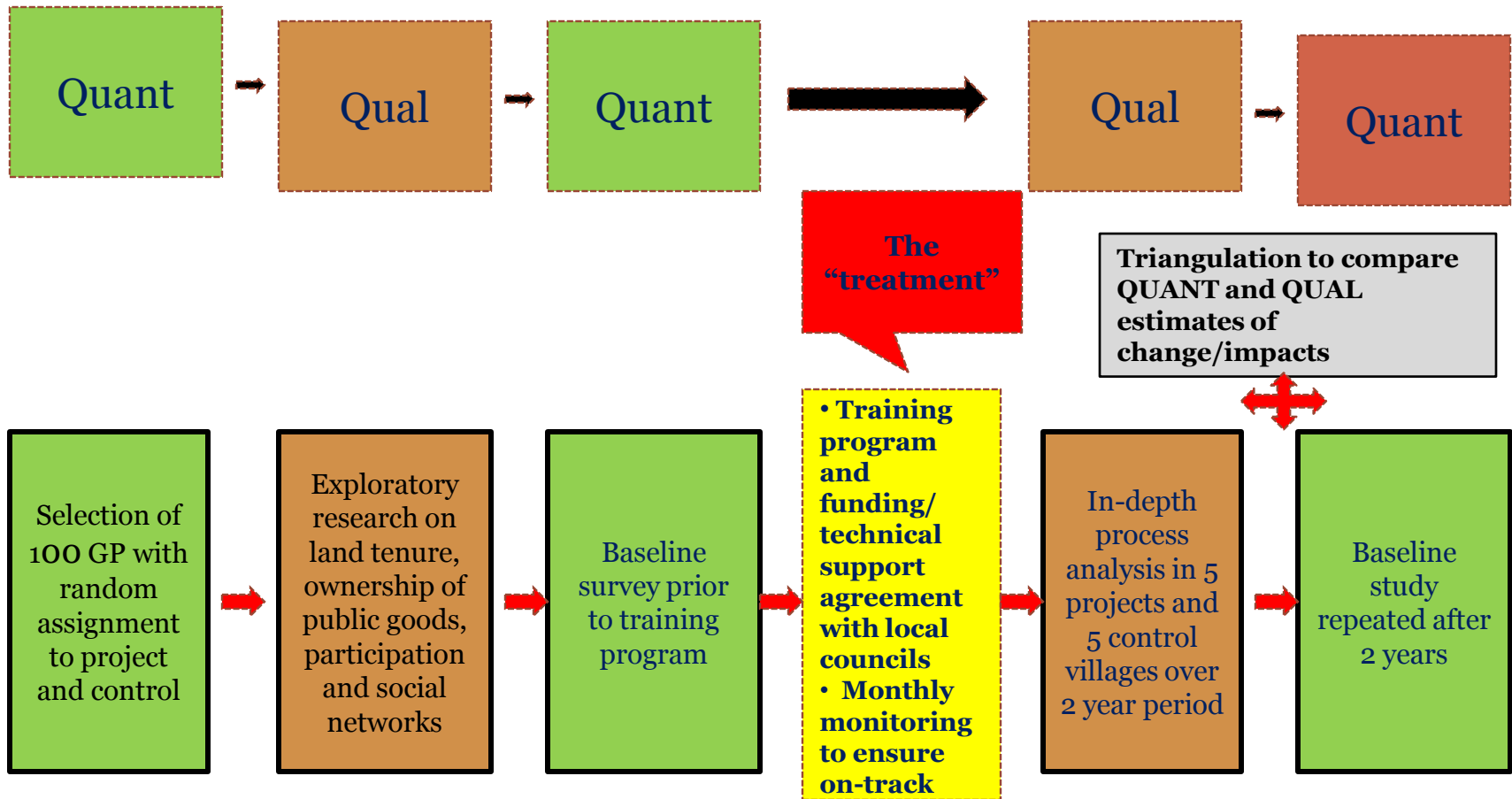
# Using mixed methods to strengthen a predominantly QUAL design

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- Ensuring that cases, focus groups and other in-depth data is broadly representative and that it is possible to generalize
- Locating cases within the context of the community
- Using statistical analysis to eliminate rival hypotheses



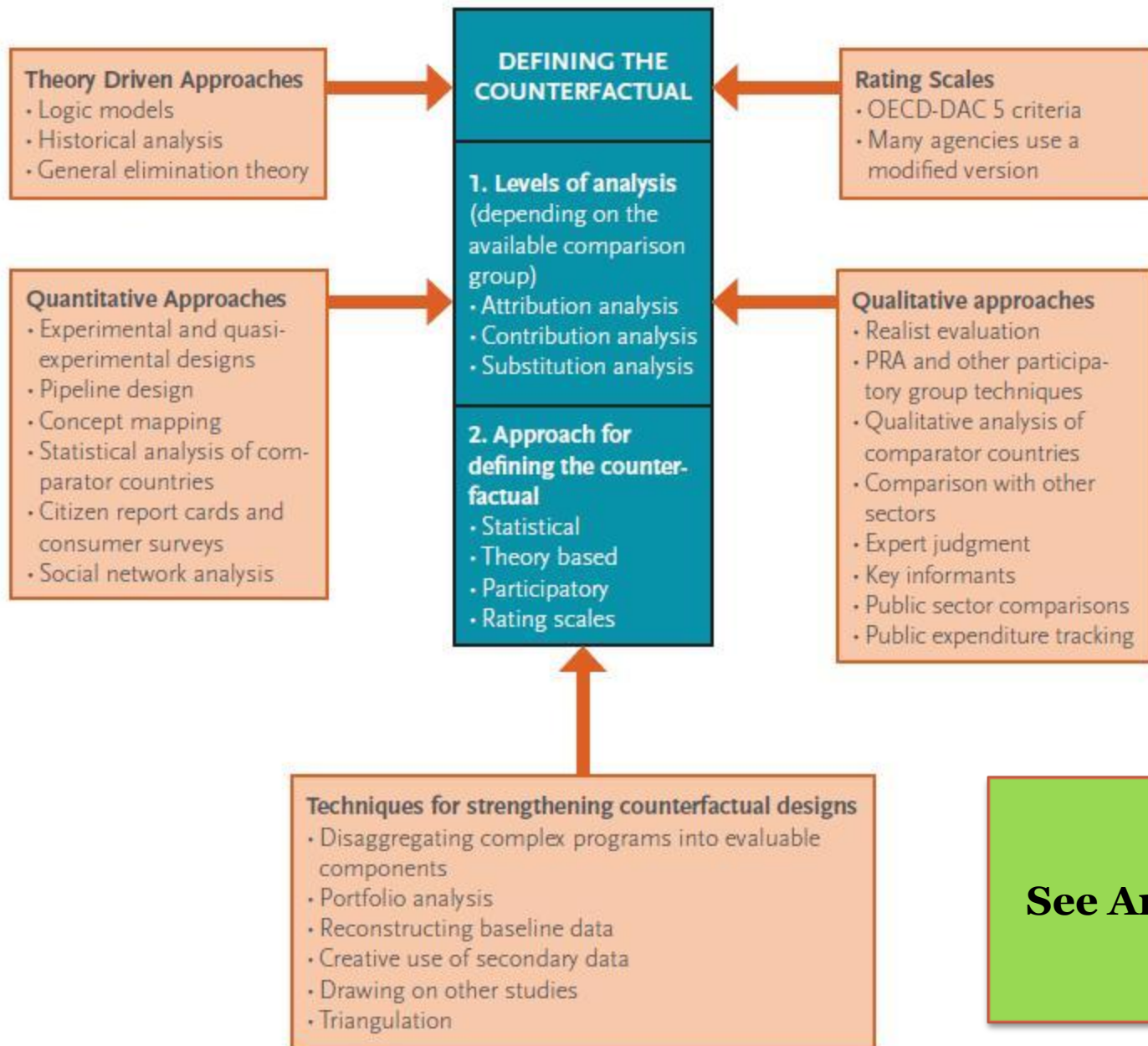
# A balanced Mixed Methods design: the Effectiveness of the Gram Panchayat Reform Program in Promoting Democratic Decentralization in India [See Annex 10 Case 15]



## E. Using mixed methods to evaluate complex programs

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- No single evaluation method is able to fully evaluate most complex programs
- Mixed methods are able to combine conventional QUANT designs with tools that can:
  - Capture the complexities of the program setting
  - The changing nature of the program and its intended outcomes
  - Document what actually happens on the ground during program implementation
  - Study the processes of behavioral change
  - Use triangulation to combine different perspectives
  - Provide the best possible estimates of QUANT outcomes in situations where measurement is difficult



## F. Tips for resource-constrained NGOs wishing to use mixed method evaluations

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- MM can help enhance quality and credibility of evaluations conducted under constraints
- Base the evaluation on a well-articulated theory of change
- Start gradually, only using MM in certain stages
- Start with sequential designs
- Start with simpler and more economical techniques
- Focus on kinds of evidence that are credible to stakeholders
- Creative use of secondary data
- Strong reliance on triangulation
- Creative ways to reduce costs of data collection



# Creative ways to reduce the costs of data collection

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- Piggyback the study onto a survey being conducted by another agency to reduce the costs of data collection.
- Use university students, student nurses etc. to reduce the costs of data collection
- Consider using secondary data rather than conducting new surveys
- Use observation, focus groups or other qualitative techniques as an alternative to conducting a survey
- Triangulation, comparing estimates obtained from two or more sources, can often be cheaper than conducting a conventional survey.

# Case studies illustrating economical ways to conduct mixed methods evaluations

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- UNICEF Education Project in Timor L'Este [# 7]
- Eritrea: Evaluating the impacts of rural roads [# 11]

# The Main Messages again

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